**Learning Log: Organize your data in a table**

**Instructions**You can use this document as a template for the learning log activity: Organize your data in a table. Type your answers in this document, and save it on your computer or Google Drive.

We recommend that you save every learning log in one folder and include a date in the file name to help you stay organized. Important information like course number, title, and activity name are already included. After you finish your learning log entry, you can come back and reread your responses later to understand how your opinions on different topics may have changed throughout the courses.

To review detailed instructions on how to complete this activity, please return to Coursera: [Learning Log: Organize your data in a table](https://www.coursera.org/learn/foundations-data/supplement/yxX18/learning-log-organize-your-data-in-a-table).

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| **Date:** 12/03/2023 | **Course/topic:** Course 1: Foundations: Data, Data Everywhere |
| **Learning Log:** Organize your data in a table |
| **Now it’s your turn!** | |  |  |  |  | | --- | --- | --- | --- | | **S.No.** | **Date** | **Time of workout**  **(in minutes)** | **Type of workout** | | 1. | March 7 | 35 | Walking | | 2. | March 8 | 20 | Full body | | 3. | March 9 | 35 | Walking | | 4. | March 10 | 20 | Full body | | 5. | March 11 | 30 | Cycling | |
| **Reflection:** | Write 3-5 sentences (60-100 words) in response to the question below. |
| **Question and response:** | Reflect on, and address, the opportunities in your personal life or current job to organize data into tables.  Organizing data into can help in making thing systematic like you can easily get the data of your expenses, and track to do lists, make and organize shopping lists, track workout to get in depth details. Organized data can tell many different stories in simpler words or visuals. |